



Creative Writing Messages

Rescue Me Message List Poem

Preparation

The classic scenario for sending a message in a bottle is being stranded on a desert island and trying to get rescued – thus the bottle with its desperate message tossed hopefully into the ocean lapping on your lonely shore!

In order to build up relevant information to place in lines for a List Poem, think of all the details that you can which are associated with a desert island, for example

Environment

sand, sea/ocean, palm trees, drift wood, jungle, lagoons/pools/streams [if lucky!], and so on

Food/Shelter

fruit, wild animals [if any], fish, insects [!], materials for making a shelter like large leaves, branches from small trees, vines for tying, and so on

Thoughts and Feelings

loneliness, isolation, hunger, effect of silence, hearing noises, seeing things that don't exist, wild imaginings, and so on

Take any one factor and think about why you would want to be rescued from this. For example, in the following poem illustration, the writer wants to be rescued from just having one kind of fruit to eat, and thus the line is *rescue me from fruit without choices* [which tries to make it more interesting than just saying, for example, *rescue me from not having meat to eat*, which would also be a terrible rhyme!, or not being able to have a wonderful and varied vegetarian diet].

Compile as many lines as you can before shaping these into a List Poem. When ready to do so, having a lot of such lines means you can organise them in interesting ways, setting them against one another, or in similar patterns.

Illustration of possible *Rescue Me Message List Poem*

rescue me from the sand and sand and sand and sand
rescue me from the jungle's silence
rescue me from the jungle's night-time voices
rescue me from the fruit without choices
rescue me from the mirage of fast foods
rescue me from the sound of my own thoughts

.....and so on